

INVOCATION

योगेन चित्तस्य पदेन वाचां मलं शरीरस्य च वैद्यकेन ।
योऽपाकरोत् तं प्रवरं मुनीनां पतञ्जलिं प्राञ्जलिरानतोऽस्मि ॥
आबाहु-पुरुषाकारं शङ्खचक्रासि-धारिणम् ।
सहस्र-शिरसं श्वेतं प्रणमामि पतञ्जलिम् ॥

*Yogena cittasya padena vācām
Malam śarīrasya ca vaidyakena
Yopā' karot tam pravaram munīnam
Patañjalim prāñjalir ānato' smi
Ābāhu-ṣuruṣākāraṁ
śaṅkha-cakrāsi-dhāriṇam
Sahasra-śirasam śvetam
Praṇamāmi Patañjalim*

To the noblest of sages, Patañjali,
Who gave Yoga for serenity of mind,
Grammar for purity of speech,
And Medicine for perfection of the body, I bow.
I prostrate before Patañjali,
Whose upper body has a human form,
Whose arms hold a conch and disc,
Who is crowned by a thousand-headed cobra,
O incarnation of Ādiśeṣa, my salutations to Thee.